



Compass Classical Academy Lunch Menu October 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1 Meatball Sub Green Beans Baked Chips Fruit	2 Teacher Workshop No School	3 Pizza Salad w/ Spinach Choice of Fresh Fruit Goldfish Crackers	4 Cup of Tomato Soup Grilled cheese Carrot Sticks Goldfish crackers Fruit	5 Chicken Nuggets Hot Pasta 3 Bean Salad Fruit
8 No School Columbus Day	9 Hot Dog w/ Bun Bkd Beans California Blend Fresh Fruit	10 Pizza Salad w/ Spinach Choice of Fresh Fruit Animal Crackers	11 Taco Salad w/ Lettuce & Tomatoes Salsa Corn Pineapple	12 Chicken Patty Lettuce & Tomato Baby Carrots Fries Fruit
15 Cheeseburger w/ Roll Oven Fries Green Beans Fruit	16 American Chop Suey Potato puffs Steamed Broccoli Apple	17 Pizza Salad w/ Spinach Choice of Fresh Fruit Goldfish	18 Tuna Salad or Turkey & Cheese Bulky Baked Chips Celery Sticks Fruit	19 Teriyaki Dipper Rice Pilaf Oriental Blend Fruit
22 Shepherd's Pie Fruit Wg Roll WG Cookie	23 Turkey & Chs Sand Potato Puffs Baby Carrots Fruit	24 Pizza Salad w/ Spinach Choice of Fresh Fruit Graham Crackers	25 Taco Salad w/ Refried Beans Let / Tom/ Cheese Salsa Corn Pineapple Tidbits	26 Chicken Patty Lettuce & Tomato Veggie Sticks Fries Fruit
29 Hot Ham & Cheese On Pretzel Bun Baked Beans Oven Fries Fruit	30 General Tso Chicken Steamed Broccoli Brown Rice Pineapple Fortune Cookie	31 Hamburger w/ roll Hot ww Pasta Steamed Carrots Fruit Cocktail WG Cookie		

Lunch: Elem 3.00 All bread items are 100 % Whole Grain

Staff 3.50 Milk is offered with all meals.

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